

Top 10 Shoes to Wear After Foot Surgery

Foot diseases such as plantar fasciitis, blisters, hammertoes, and many others create a problem for people. Not only that, even a small accident can have a great impact on your foot. If the problem becomes very much serious then doctor suggests patients for surgery. It takes quite a lot of time to heal after surgery.

After surgery, it is very painful even if you are walking. Now the question is that does it stops us from outdoor activities? Absolutely not! There are shoes that will help you not just in walking but you will be able to continue your outdoor activities.

There are a lot of shoes from different brands. You must be thinking about which one you should choose. Today, we will talk about the top 10 shoes that you should wear after foot surgery.

Ryka Woman's Sky

Ryka is made by the combination of mesh material and leather. The best part of Ryka is that it is ultra-durable. The designers also added ventilation features which will avoid moisture. It also prevents you from heating up when you are jogging or doing any other activity.



Since leather is not dominant material, therefore, Ryka's weight is fairly low compared to other shoes. Another advantage of using leather is that it will also provide you some support especially in most important areas.

The TPU is combined with memory foam sock liner which is used in the shank. This increases stability. The most important part of this shoe is that it will eliminate all the possible abrasions that could cause a significant issue.

Ryka also added EVA inside of the midsole. EVA helps the shoe to hold its shape when you are wearing it. Furthermore, it also makes a great option for pronation as well as supination.

Why you should consider buying it?

Ryka provides amazing features which are not only a great option but it will also help you to recover from any damages. The outer sole is comfortable which helps in absorbing some of the shocks.

Buyer's Review

Many buyers are happy with this shoe but there are some people who complain about it. Many people agreed that this shoe's support is amazing and it looks very stylish. Few even appreciated about the ventilation system.

Some buyers complained that they are worn out in a short time. They said that the inside upper part at the heel torn very fast. Some people complained about thin soles which creates a problem for them.

New Balance 928v3

You will this shoe with no shortage of features. New balance is not only lightweight but also constructed from mesh and synthetic materials. The designers carefully designed this shoe which means that it can be worn with any type of clothing.



The reason why this shoe is unique is because of ROLLBAR technology. It is a guarantee that it will make the transitioning of steps smooth. If we look inside, EVA midsole is used and the construction was done in heavy pressure. The EVA molds to the shape which will make you feel more comfortable rather than standard PU cushioning. Not to forget about outsole because it is designed in a special way to offer endurance.

Why you should consider buying it?

New Balance is one the best brand in sporting footwear which means that it will provide definitely high-quality shoes. Not only they are stylish but they are easy to wear as well. The technology also makes them even better. The outer sole is durable and if you are suffering from foot injury then you won't find a better option than New Balance 928v3.

Buyer's request

Many buyers are happy with it but there are some people who didn't like it. On the good side, people appreciated the comfortability and support. Even there were people who love soft cushioning.

On the other hand, buyers complained about the sizing as well as quality. They said that the sizing is off and very clunky. About the quality, they think it is worst than the last version of this shoe.

Saucony Women's ProGrid Integrity ST2

The Saucony Women's ProGrid Integrity ST2 is made up of full grain leather. The shape of this shoe is ideal, which means that you can have a decent walk with this shoe no matter what kind of injury you are dealing with.



The reason ProGrid is famous is because of its outer sole. The reason is that high-quality materials were used in the construction of this shoe. Which means that it will not give in under pressure.

Thanks to the PU, used inside for the footbed, these shoes will provide you decent grid cushioning. That is not all, it will also provide great traction on the inside as well as outside.

Why you should consider buying it?

The design of this shoe is amazing and almost everything has been incorporated. You won't find many unique features but on the other side, they are cheap and will offer you basics. Not to forget that they are stylish and because of leather, it also provides some durability.

Buyer's review

The buyers are very happy with this shoe. Only a few people complained while rest showed positive reviews. They loved the heel support and also said that the shoe is very comfortable.

Most people said that it was not for them. It means that this shoe fits everyone because they also mentioned that "it can be great for you". Few people also complained about the quality of leather and comfortability.

New Balance MW577

Another amazing product from New Balance and this time it is MW577. It is almost similar to the New Balance 928v3. This shoe includes art technology and it consists of mainly leather. Leathers helps in providing support to your foot.



The unique part of this shoe is ARZORB technology. Thanks to this new technology, it will help the shoe in absorbing shocks while you are walking or doing any activity. Another amazing feature is the reflective detailing, this means that it doesn't make noise. So now you can walk or run on roads at night as well.

Why you should consider buying it?

One of the main reasons is the quality of shoes. New Balance always provides high-quality. Another reason is support. It provides amazing support to your foot which will make you forget about the injury or surgery.

They are durable shoes which means you can put them in some tough conditions as well. The most important reason is that it is affordable as well.

Buyer's review

The results showed that half people loved it while half didn't find it amazing. People find this shoe very comfortable and appreciated the quality of the shoe. They also mentioned that they fit well and also long last.

On the negative side, people complained about the sole of the shoe. They also said that the quality of the shoe is low and some even complained that they were not comfortable.

Brooks Addiction Walker

The Brooks Addiction Walker was specially designed for feet after an injury or surgery. In other words, it will help you to overcome your problem. The construction material was mainly leather.

Since leather is a soft material which means that it will definitely provide you comfort. Thanks to the synthetic outsole (which is thicker in size) it will absorb some of the shocks or impact. It also increases the overall durability.



Why you should consider buying it?

Brooks has a very high reputation for providing its customers with great walking shoes. This shoe is ideal for foot after surgery or any injury because it provides the foot with support thanks to advanced technologies.

They are not much expensive and not to forget that they are durable as well.

Buyer's review

Mostly buyers loved this shoe while there were some who didn't like that much. Buyers were happy because it is very comfortable and it fits well. They also appreciated the quality of the shoe and believe that it helped them by reducing the pain.

While for others, it was not a great experience for them. People found that the rubber is made from low quality. Some disagreed with the comfortability and also complained about the padding.

ASICS Gel-Venture 6

If you are looking for stylish shoes then ASICS Gel-Venture 6 is the perfect option. It is true that synthetic materials are often used but they will stand out. Not only that, they will definitely turn some head while you are jogging or running.

The most interesting part is the gel. This gel helps the shoe toughest shocks placed on your feet. The AHAR outer sole will help to reduce durability problems in the shoe. Another advantage is that it offers excellent traction. This means that the shoe can be used in both wet as well as dry weather conditions to enhance your experience.



Why you should consider buying it?

ASICS provides stylish as well as durable shoes which are an amazing deal. Furthermore, ASICS is also one of the best brands when it comes to providing the best shoes. They are very durable and the price is also affordable.

Not to forget that it will also provide support to your feet after surgery or injury. Thanks to the advanced technology, this shoe will enhance your experience and it is a guarantee that you will love this shoe.

Buyer's review

The reviews showed that people loved this shoe. Buyers appreciated the gel and the comfortability of the shoe. They also appreciated the support and fitness. Few people even loved its look and they think it is cheap.

Some buyers noticed that the gel is too firm. Few of them also complained about the weight as well as the outsole.

Brooks Ghost 10

Another amazing product by Brooks is the Ghost 10 Neutral Cushioned Running shoe. The designers made this shoe in such a way that it will support your foot when you are running or doing any activity. Most features are similar to ASICS running shoe.

This shoe is made of most fabrics. This means that the shoe is also lightweight. The amazing part is that it is very durable as well.



Why you should consider buying it?

As mentioned before, Brooks is amazing as well as an affordable brand. Brooks has successfully created a great reputation. These shoes are affordable as well as durable. It is also a perfect choice, especially for beginners.

Buyer's review

The reviews showed that many buyers were happy with this shoe. Users were happy with its performance and also mentioned that it provided them with great support. Majority reviews mentioned that the shoe felt sturdy but still comfortable and less weight.

Few people complained that the sole unit becomes loose after just wearing it a few times. Some reviews showed that the quality of cushioning was very bad while others said that the arch support was also bad.

New Balance M1540V2

If you are looking for lightweight as well as shoes that offers amazing support then say hello to New Balance M1540V2. The reason that they are lightweight is because of the synthetic materials used in its manufacturing.

For the insert of the shoe, Polyurethane is used and also a dual density foam collar. This will reduce the chances of any abrasions which prevent you from the workout.

Furthermore, the advance Roll Bar system is guaranteed to make your step much easier and smoother.



Why you should consider buying it?

The biggest reason is that many elite runners have recommended this shoe. It offers versatility features throughout the design. Another advantage is that it holds up pretty good under all conditions. In other words, you will find it durable under any conditions.

Buyer's Review

The reviews are mixed. There were some people who loved it while other people found it the worst option. The positive reviews showed that many users liked the ventilation system. Few of them even appreciated the improved arch support. Users also said that the shoes are durable and it has a roomy toe box which helped them a lot.

On the negative side, buyers complained that the shoe is expensive. Many buyers reported that it has limited colors and they are heavy as well.

ASICS Gel Nimbus 18

Thanks to the synthetic and textile design, ASICS Gel Nimbus 18 running shoe is lightweight as well as stylish in look. Moreover, the shoe also has many advancements in technology. This will help you stand out and not to forget about the support for foot after surgery.

The real advantage is the gel. Its gel is used in the construction of the outer sole. This time instead of the forefoot, it is placed in the backend of the shoe. Another advantage is its stretchable mesh which helps not only feet after surgery but also flat feet people. The reason is that it can be stretched out for the comfortability.



Why you should consider buying it?

The shoe provides a glove-like fit and the best part is that it doesn't have any real break in period. It also absorbs impacts and shocks and also adds to the overall fit.

Do you know people are getting crazy for this shoe? Because of its stylish look as well as its affordable cost.

Buyer's review

Almost all the buyers are happy with this shoe but there are some buyers who are not. Users loved the gel cushioning system because it absorbs all the shocks. Many buyers also loved the style of the shoe and they also mentioned that they are durable. The word “fit” and “comfortable” is used frequently.

Few buyers complained that it felt uncomfortably tighter. Some even reported that the toe box was a bit narrow. Another problem they faced is that the holes started to appear in the inner heel area.

New Balance M1340

Last but not least, New Balance M1340 Optimal Control Running Shoe is designed in such a way to give you control. It is constructed from synthetic and mesh material. This means that the shoe is not only lightweight but now it will be easy for you to run.



The unique part is the new lug pattern. This pattern is applied to the outer sole which offers amazing grip features. Thanks to ABZORB technology, it can take care of the shocks to enhance your game. You can remove the PU (inserted in the shoe) and it is recommended that you replace it with EVA foam if you had foot surgery recently.

Why you should consider buying it?

Although it was not designed for foot injuries or to wear after foot operation you can replace the PU with EVA foam. The amazing control feature will really control back in your hands. This means that you don't need to worry about any problems.

The unique design and its durability make this shoe a perfect choice. It also has multifunctional properties.

Buyer's Review

The reviews showed that many people liked this shoe. The word “comfortable” was used many times. People also appreciated the motion control feature. People also mentioned that the shoe fits well.

The negative reviews showed that the shoe lacked in the toe section. They reported that the toe was too narrow. Size also created problems for them. Few of them also said that the last version was better than this one.